

PSYC 4205EL 01: Fundamentals of Clinical and Counselling Psychology

2006-2007

INSTRUCTOR: Dr. Paul Valliant, C.Psych. (2nd semester)

OFFICE HOURS: By appointment

COURSE TIME: Tuesdays, 2:30-5:30 p.m.

REQUIRED TEXTS: Anastasi, A. Psychological testing, 7th ed., MacMillan.
Morsund, J. The process of counselling and therapy, 4th ed.,
Prentice-Hall, 2002.

Chapters/Book on Reserve:

Graham, J.R. The MMPI-11, 2nd ed., Oxford 1997 edition.

Neitzel, M.T., Bernstein, D.A., & Milich, R. Introduction to clinical psychology, 5th ed. Englewood Cliffs, NJ: Prentice-Hall, 1998.

PROSPECTIVE OF FIRST SEMESTER – To be discussed with Dr. Joe Persi (Adjunct Professor)

COURSE CONTENT: Second Semester ONLY

The second semester will focus on the theoretical and applied models utilized in Adult/Adolescent Clinical Psychology. The student will be introduced to psychometrics used by clinicians to evaluate clients. An application of the models will be discussed in context of mental health and correctional settings.

GOALS OF THE COURSE

- To allow the student some familiarity with the present theories of clinical/counselling psychology.
- To assist the student in developing an appreciation for the direct application of clinical techniques to the applied setting.

INPUT

Lectures, class discussion, role-playing, and readings are equally important to assimilate the models in this applied field.

OUTPUT

Goals of the course (as well as high grades) should be readily obtained through study, class participation, and diligent work habits.

GRADING

Term 2

Practicum and write-up	15%
Clinical case and seminar – to be scheduled during first semester	10%
Test 1 (to be scheduled March 27, 2007)	25%

Term 1 (to be assigned and discussed with Dr. Joe Persi)

ATTENDANCE

Class attendance is compulsory in this course with an attendance sheet signed each week. Failure to attend 80% of the classes may lead to course failure. This is commensurate with Senate Academic Regulations (2006-2007).

PRACTICUM

Students will be required to complete a minimum of 40 hours at a recognized clinical facility. A ten-page report which includes a description of the work which was completed (5 pages) and the theoretical application of the work (5 pages) will outline the experience. (Minimum of ten references needed in theoretical application.) All Practicum must be authorized by your Instructors. Acceptance of Practicum and Supervision Compliance must be completed prior to their practicum undertaking Dr. Valliant's.

CLINICAL CASE AND SEMINAR

Students will be assigned data scores (WAIS, MMPI, MCMI, etc.) from the Professor's clinical data files. Seminars will be presented in class. (To be assigned by instructor during the first two weeks of the second semester.)

COURSE FORMAT

Second Semester

PART A: PSYCHOMETRICS: IN ASSESSMENT AND DIAGNOSIS

- 1) WAIS-III
- 2) TONI III
- 3) MMPI-II and MMPI-168 Versions
- 4) MCMI-III
- 5) Scores = Probability

PART B: ETHICS AND THEIR APPLICATION

College of Psychologist, APA, and CPA Guidelines will be discussed.
Note: Refer to the prospectus located in the *References/Websites* handout.

PART C: COUNSELLING AND ITS PRACTICAL APPLICATION

- Jane Morsund “Process of Counselling”

PART D: THERAPY MODELS AND TREATMENT

- Neitzel

