

# Laurentian Voyageur Athletics and Campus Recreation

SUMMER 2013



**Laurentian** University  
Université **Laurentienne**

[laurentian.ca/voyageurcampusrec](http://laurentian.ca/voyageurcampusrec)

# Swimming Programs

## Learn to Swim Program

- 13e1 July 2 to July 12**  
Monday to Friday (9 classes / 2 wks)
- 13e2 July 15 to July 26 (no classes July 25)**  
Monday to Friday (9 classes / 2 wks)
- 13e3 July 29 to August 9 (no classes August 5)**  
Monday to Friday (9 classes / 2 wks)
- 13e4 August 12 to August 23**  
Monday to Friday (10 classes / 2 wks)

Preschool A, B, C, D, E & Swimmer 1 9:00 a.m. - 9:30 a.m.  
or 10:15 a.m. - 10:45 a.m.

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Swimmer 2, 3, 4, 5, 6 9:30 a.m. - 10:15 p.m.  
or 10:45 a.m. - 11:30 a.m.

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Swim Patrol (Rookie, Ranger, Star) 10:15 a.m. - 11:15 a.m.  
*Member: \$80 • Non-member: \$90*

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Bronze Star 10:15 a.m. - 11:15 a.m.  
*Member: \$90.40 • Non-member: \$101.70*



LIFESAVING SOCIETY®  
*Canada's Lifeguarding Experts*



# Lifesaving and Leadership Awards

## **Bronze Medallion** (with text book)

### **Emergency F.A. & CPR B**

(Prerequisites: 13 yrs. old or Bronze Star)

Monday to Friday (2 wks)

4:30 p.m. - 6:30 p.m.

**13e1, 13e2, 13e3, 13e4**

*Member: \$179.05 • Non-member: \$189.05*

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## **Bronze Cross**

(Prerequisites: Bronze Med & Emergency F.A. & CPR B)

Monday to Friday (2 wks)

4:30 p.m. - 6:30 p.m.

**13e1, 13e2, 13e3, 13e4**

*Member: \$137.90 • Non-member: \$147.90*

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## **National Lifeguard Service - Pool**

(Prerequisites: 16 yrs old, Bronze Cross, Standard First Aid & CPR C)

August 22, 23

12:30 p.m. - 4:30 p.m.

and August 27, 28, 29, 30

8 a.m. - 4:00 p.m.

*Member: \$280.87 • Non-member: \$297.83*

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## **Lifesaving / Swim Instructor Course** (with text book)\*

(Prerequisites: Red Cross Leaders or Lifesaving Assistant Instructor, Br Cross or NL, 16 yrs. old, Canadian Lifesaving Manual, 15 hrs. volunteer work and assignment)

*\* Coming Fall 2013*

### **NOTE:**

- Learn to Swim level: only \$44 for 3rd and subsequent family registration.
- Applicable taxes apply on materials and lessons for ages 15 and over.
- Late registrations: Full program fees apply.
- Dates, prices and offerings are subject to change. The Centre reserves the right to advise accordingly.

- Fitness Programs
- Swimming programs - all levels including Masters
- Yoga
- Memberships to the following sporting facilities: training room, 200 m 4 lane indoor track, 50 m pool, sauna, squash courts, climbing wall, gymnasium courts
- Personal training through Healthy Living at 705-671-3865



**Rental of facilities\* also available:**  
pool, climbing wall, gymnasium courts,  
use of outdoor areas.

*\*Based on availability. Student rates available.*

## **Laurentian Voyageur Athletics and Campus Recreation**

Laurentian University, B.F. Avery Building  
935 Ramsey Lake Road, Sudbury

**FREE PARKING FROM MAY - AUGUST IN LOT 13**

**For registration, 705-675-1151 ext. 1002 or 1029.  
For information on general facility access  
and memberships, 705-673-6528.**